

Leaf Man, Leaf Art, Windy Weather

2016 Ms. Cretera's Garden Parents

Outdoor Lesson #4 - 10.26.2016

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Objective: Students will be encouraged to notice and identify some of the changing leaves in our environment, building on their appreciation of how plants change during different seasons and weather. By focusing on the relationship of They can learn about the difference between **evergreen** and **deciduous**. **The**

Time/location: The entire lesson can be done in 30-40 minutes.

Materials: Collected Leaves, seed pods, found rocks sticks..

Book: Leaf Man by Lois Ehlert

The Lesson:

Part 1 / Leaf Man Book Reading

-Read Leaf Man by Lois Ehlert.

Part 2 / Nature Art Making (Temporal)

-Explain they are going to make their own Leaf Man/Woman/Animal with materials found in the garden.

Remind them their leaf creature will live outside and might blow away to turn into another leaf creature or pattern, just like in the story!

-Students use the different leaves and natural materials to create their own leaf characters. Have different piles of leaves for the students to choose (they may add found fallen items from the garden too)

-When time is up, students say goodbye to their leaf men or purposefully "blow" them away to emulate the wind and see if the leaf people float away and reshape themselves!

-Students can be encouraged to come and check on their leaf man later.

(adapted from <http://growinghaldane.com/pics/resources/1st/Grade1-Leaves.pdf>)

Deep Breath Pause: Breathe in the air just the way the roots absorb in the water, feel it go to all parts of your body, (feel the water going up your trunk, into your branches, out to the leaves, make food, and evaporate) and breath out.

Part 3 / Poetry & Movement (Who Has Seen the Wind?/ How do you Feel the Wind?)

-Ask the kids to gather in a circle (holding hands), and read this poem:

Who Has Seen the Wind?

BY [CHRISTINA ROSSETTI](#)

Who has seen the wind?

Neither I nor you:

But when the leaves hang trembling,

The wind is passing through.

Who has seen the wind?

Neither you nor I:

But when the trees bow down their heads,

The wind is passing by.

-Ask each child, How do you feel the wind? As they move, all of us in the circle are encouraged to try their wind movement.

-Go around the circle and give each child a chance to share their wind movement.



